**PINE RIVER BACKUS FAMILY CENTER**

**July 2021 “HAPPENINGS”**

**245 Barclay Ave, Pine River**

**(218)587-4292**

**Office Hours: Monday – Thursday 8-4 p.m., Friday 8-3 p.m.**

**Pine River Area Food Shelf:** Is open every Tuesday and Friday from 10-1 p.m. and the 2nd Tuesday, July 13th, 3:30 - 6:00 pm.

**Donation Cans:**  We have cans located at various local businesses to make it easier to donate to the Pine River Area Food Shelf.

**Pine River-Backus CommUnity Meals**: A local collaborative effort has been put together to provide a free weekly meal for anyone who is hungry. Please stop by to pick up your meal each Monday at the Riverview Church in Pine River or each Thursday at the Backus Pine Mountaineer Senior Center. Serving time is 4:00 p.m. – until gone. Meals are currently boxed to go. For more information or to volunteer, call 587-4292.

**The Family Centers Home Visiting Program:** Are you pregnant? Do you have questions about how your pregnancy will go? Do you wish you had a little extra help with your questions around your pregnancy and about upcoming parenting issues you will encounter? If yes, you are in luck. The Family Centers Home Visiting Program has immediate openings for mothers who would like additional support with their pregnancy and parenting their child till 3 years of age. **Free Prenatal Gift Bags** are available to all families who are expecting a baby that live in the Pine River-Backus school district.

**NAPS:** Pick up is Tuesday, July 13th from 1:30 p.m. – 3:30 p.m.

**WIC:**  Please call Cass County Public Health at 218-547-6872 for information for an appointment or questions.

**Family Planning:** Is Tuesday, July 6th, please call (877) 275-6123 to schedule an appointment or for more information.

**Child and Teen Check-Ups:** Please call Cass County Public Health at 547-6872 for an appointment or

questions.

**The Family Center will be closed Monday, July 5, 2021.**

**Donations to the Pine River-Backus Family Center are always welcome and help us to continue to support our families we serve.**

**“Strengthening Families & Building a Stronger Community” Like** us on **Facebook!** [**www.prbfamilycenter.org**](http://www.prbfamilycenter.org)